



# New Hampshire State Health Assessment and State Health Improvement Plan Advisory Council

December 18, 2020



# Meeting Hygiene

- Be present
- Assume good intentions and take responsibility for impact (ouch and oops)
- Be able to express as much vulnerability as you are able to offer — It's ok to be raggedy
- Be open to another perspective
- Be ready to actively listen
- Expect and accept non-closure — we are a work in progress
- Honor Confidentiality
- Step Up/Step Back (3-4 voices before me)

Endowment for Health” Race & Equity in New Hampshire: Building Foundations for the Future.” <http://www.endowmentforhealth.org/what-we-fund/advancing-health-equity-for-racial-ethnic-and-language-minorities/symposium-on-race-and-equity-in-nh>



# SHA Vision and Clarifying Statements

All people in NH have equitable opportunity to flourish and achieve optimal mental, physical, social, spiritual, and emotional wellness.

- Equity is shaped at state and local levels such that individuals and communities have equitable access to opportunities
- Wellness happens where people live, learn, work, and play
- People include individuals and families across the lifespan



# Agenda

1. Welcome and *Virtual* Hellos
2. Meeting Minute Approval
3. Community Engagement Subcommittee Update
4. Granite State Panel Methods
5. Data Discussion of Domain 2 (Community); Updates on Demographics and Domain 1 (Access to Opportunity)
6. Public Comment



# Community Engagement Subcommittee Update



# Granite State Panel Methods



# Data Review: Domain 2 (Community) and Updates to Demographics and Domain 1 (Access to Opportunity)



# SHA Data Collection Domains and Subcategories

- Demographics
  - Subcategory: Race
  - Subcategory: Age
  - Subcategory: LGBTQ
  - Subcategory: Household makeup
  - Subcategory: People with a disability
  - Subcategory: Veteran status
  - Subcategory: Language
  - Subcategory: Rurality
  - Subcategory: Foreign born persons or new immigrants
- Domain 1: Access to Opportunity
  - Subcategory: Education
  - Subcategory: Fiscal Health
  - Subcategory: Housing
- Domain 2: Community
  - Subcategory: Community Assets and Resources
  - Subcategory: Commuting Patterns
  - Subcategory: Crime
  - Subcategory: Environmental Health
  - Subcategory: Infrastructure





# Domain 2: Community

- Who we are:
  - **Adverse Childhood Experiences (ACEs)**
    - Almost 50% of NH adults reported at least one ACE, and over 10% experienced over four ACEs (BRFSS, 2016, <https://www.cdc.gov/violenceprevention/aces/ace-brfss.html>)
  - **Commuting patterns**
    - 0.8% of NH residents commute to work using public transit, compared to 5% of the US (Census, ASC, 2014-2018, <https://www.census.gov/acs/www/data/data-tables-and-tools/data-profiles>)
    - 80.9% of NH drove alone to work, compared to 76.4% of the US (Census, ASC, 2014-2018 <https://www.census.gov/acs/www/data/data-tables-and-tools/data-profiles>)
  - **Environmental health**
    - NH is Pediatric Blood Lead Level (BLL) Testing state and rates of testing are very good ([https://wisdom.dhhs.nh.gov/wisdom/?s=epht#TopicGroup\\_7B0CAFEAAEB746FFBC0BBFFA2C0FBFA5](https://wisdom.dhhs.nh.gov/wisdom/?s=epht#TopicGroup_7B0CAFEAAEB746FFBC0BBFFA2C0FBFA5))
- Our strengths: Overall, safe place to live.
- Our challenges: Disparities in experience by population – age, race, ethnicity, and geography.



# Community Assets and Resources

## 13 Regional Public Health Networks

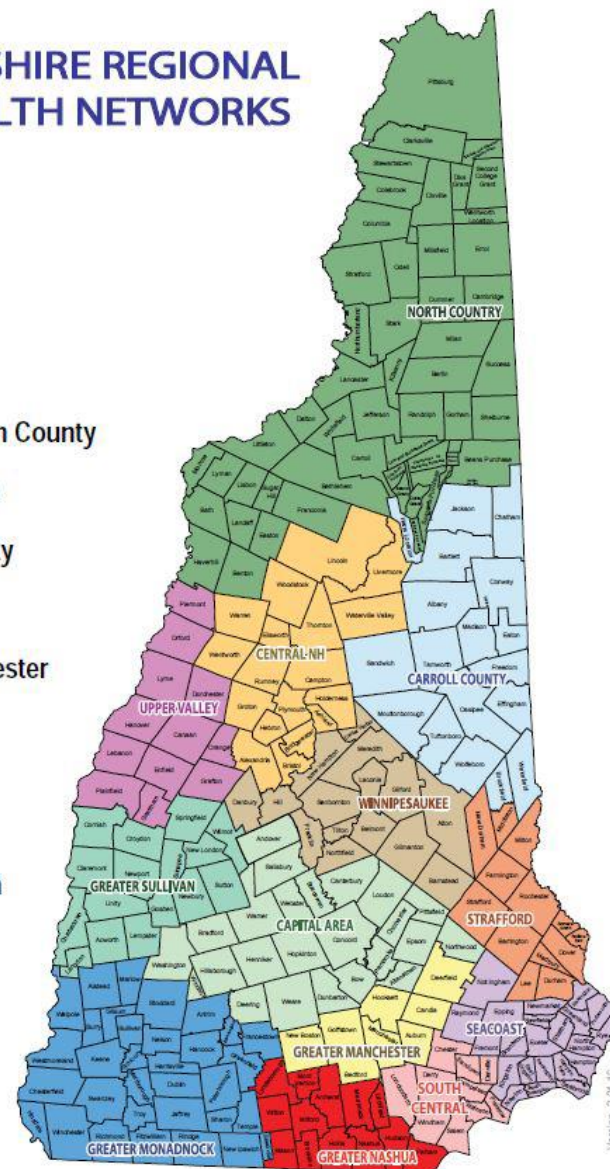
"The goal of the New Hampshire Regional Public Health Networks is for all New Hampshire residents to be healthy and safe.

There are 13 Regional Public Health Networks (RPHNs) involving broad public health interests, including local health departments and health officers, health care providers, social service agencies, schools, fire, police, emergency medical services, media and advocacy groups, behavioral health, and leaders in the business, government, and faith communities, working together to address complex public health issues."

<https://nhphn.org/>

### NEW HAMPSHIRE REGIONAL PUBLIC HEALTH NETWORKS

- North Country
- Upper Valley
- Central NH
- Carroll County
- Greater Sullivan County
- Winnepesaukee
- Strafford County
- Capital Area
- Greater Manchester
- Seacoast
- Greater Monadnock
- Greater Nashua
- South Central



THESE REGIONS ARE USED FOR PUBLIC HEALTH PLANNING AND THE DELIVERY OF SELECT PUBLIC HEALTH SERVICES.

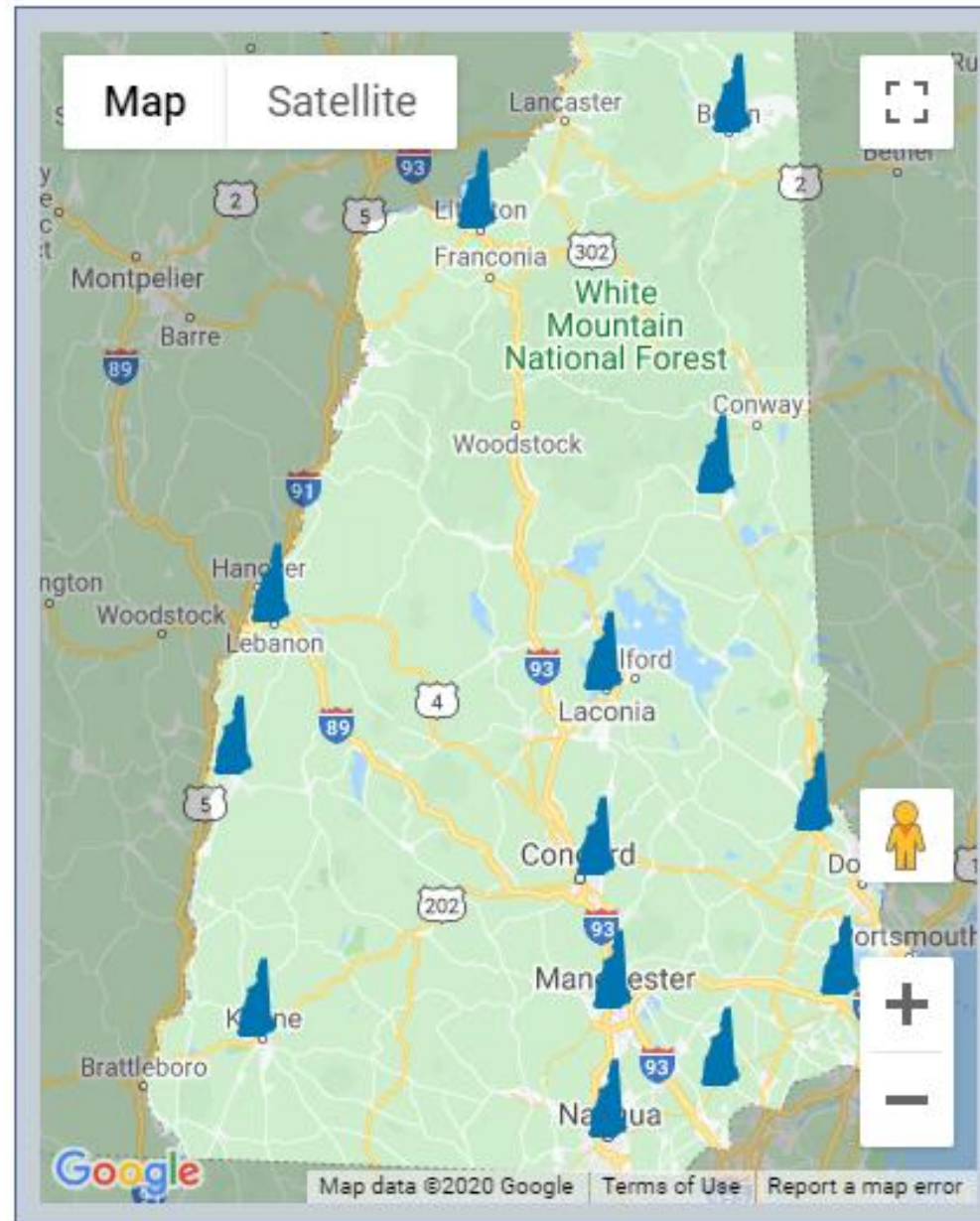
# Community Assets and Resources

## 13 ServiceLink Resource Centers

“ServiceLink helps individuals access and make connections to long term services and supports, access family caregiver information and supports, explore options and understand and access Medicare and Medicaid.

ServiceLink is designated as New Hampshire's Aging and Disability Resource Center and the NHCarePath Full Service Access Partner providing services for individuals of all ages, income levels and abilities and administers programs and services such as Information Referral and Assistance, Options Counseling, NH Family Caregiver Program, State Health Insurance Assistance Program (SHIP), and Senior Medicare Patrol (SMP)."

<https://www.servicelink.nh.gov/locator/index.htm>



Atkinson (Rockingham County)

Berlin (Coos County)

Claremont (Sullivan County)

Concord (Merrimack County)

Keene (Cheshire County/Monadnock Region)

Laconia (Belknap County)

Lebanon (Grafton County)

Littleton (Grafton County)

Manchester (Hillsborough County)

Nashua (Hillsborough County)

Rochester (Strafford County)

Stratham (Rockingham County)

Tamworth (Carroll County)



# Community Assets and Resources

- Senior Centers
- Schools (public, private, state coverage)
- Suicide Hotline - Coverage and Use
- Area Agencies
- Community Health Centers, Federally Qualified Health Centers
- Community Mental Health Centers



# Community: Environmental Health

Measure	Description	US	NH	NH Min	NH Max
<b>Air pollution - particulate matter</b>	Average daily density of fine particulate matter in micrograms per cubic meter (PM2.5).	8.6	7.5	6.2	8.3
<b>Drinking water violations</b>	Indicator of the presence of health-related drinking water violations. 'Yes' indicates the presence of a violation, 'No' indicates no violation.	N/A	N/A	Yes	Yes

## NH County Health Rankings

[https://www.countyhealthrankings.org/sites/default/files/media/document/CHR2020\\_NH\\_v2.pdf](https://www.countyhealthrankings.org/sites/default/files/media/document/CHR2020_NH_v2.pdf)



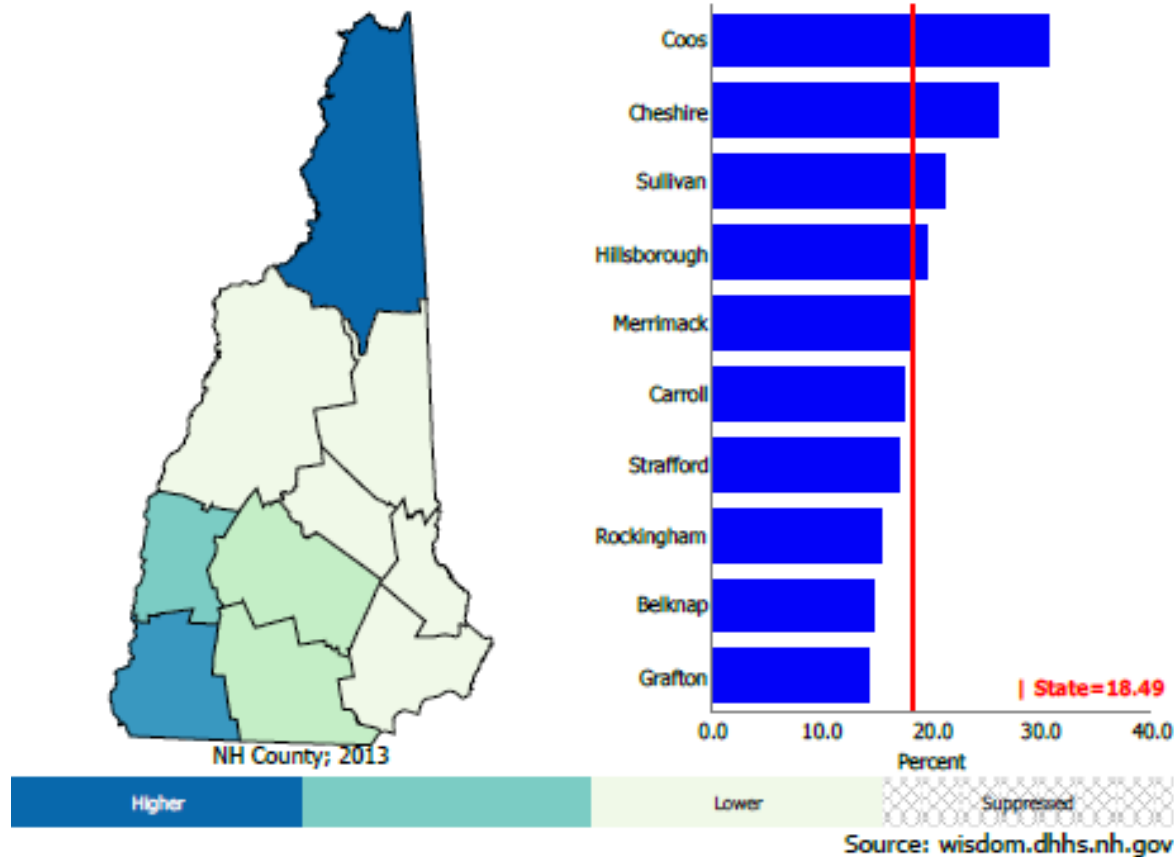


# Childhood Blood Lead Levels and Testing

## Childhood blood lead levels (BLL) and testing

Annual blood lead levels;

Percent of children tested; Before age 6 years old; 2013



## Childhood blood lead levels (BLL) and testing

Annual blood lead levels; Before age 6 years old; 2013

		Count children tested	Percent children tested	State Count children tested	State Percent children tested
2013	Belknap	527	14.92%	14615	18.49%
	Carroll	384	17.53%	14615	18.49%
	Cheshire	1155	26.17%	14615	18.49%
	Coos	495	30.82%	14615	18.49%
	Grafton	674	14.34%	14615	18.49%
	Hillsborough	5316	19.75%	14615	18.49%
	Merrimack	1554	18.26%	14615	18.49%
	Rockingham	2635	15.63%	14615	18.49%
	Strafford	1332	17.18%	14615	18.49%
	Sullivan	543	21.19%	14615	18.49%

• Source: wisdom.dhhs.nh.gov

[https://wisdom.dhhs.nh.gov/wisdom/#Topic\\_8EEEACAD54BD415F9767E7B85EA9BCA2\\_Anon](https://wisdom.dhhs.nh.gov/wisdom/#Topic_8EEEACAD54BD415F9767E7B85EA9BCA2_Anon)



# Community: Infrastructure

- Complete Streets
- Open Space
- Recreational Opportunity
- Transportation



## Pre-COVID Commuting Habits (Census, ASC 2014-2018)

Geographic Area Name	Workers 16 years and over	%Car, truck, or van -- drove alone	%Car, truck, or van -- carpooled	% Public transportation (excluding taxicab)	% Walked	% Other means	%Worked at home
New Hampshire	707037	80.9	7.9	0.8	2.7	1.3	6.4
Belknap County	30332	80.5	10	0.1	2	2.2	5.2
Carroll County	22901	81.4	8.2	0.1	2.2	1.2	6.9
Cheshire County	39435	77.6	7.6	0.3	3.4	2	9.2
Coos County	14151	77.2	10.4	0.2	2.6	3.1	6.6
Grafton County	45405	74.7	9	1.3	6.7	2.9	5.5
Hillsborough County	219983	81.4	8.3	0.9	2	1	6.4
Merrimack County	77829	80.8	7.9	0.4	2.6	1.3	7.1
Rockingham County	169829	83.5	6	0.8	1.8	1	6.9
Strafford County	66373	79.1	8.7	2.1	4.6	1.4	4.2
Sullivan County	20799	81.4	9.4	0.4	2.9	0.9	5.1
Manchester-Nashua	219983	81.4	8.3	0.9	2	1	6.4

<https://www.census.gov/acs/www/data/data-tables-and-tools/data-profiles>

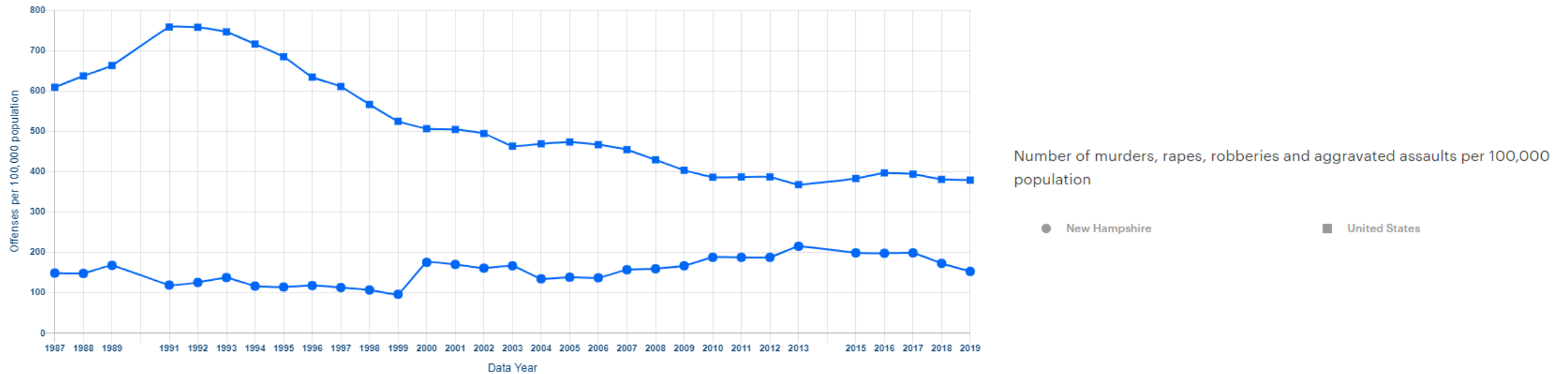
**COVID Impact:** 40.8% of adults living in households in NH where at least one adult has substituted some or all of their typical in-person work for telework because of the coronavirus pandemic (Census Pulse Survey week 13 Aug 19-31, <https://www.census.gov/programs-surveys/household-pulse-survey/data.html>)





# Community: Crime (Safety?)

Trend: Violent Crime, New Hampshire, United States



Source:

• U.S. Department of Justice, Federal Bureau of Investigation

<https://www.america'shealthrankings.org/explore/annual/measure/Crime/state/NH>



# COVID Impact: Lower reporting for child abuse (DCYF dashboard)

## Child Protection Central Intake Data



Note: Due to a Bridges maintenance issue, some reports from Friday 7/31 and Saturday 8/1 are not included for 7/19 bi-week but in the 8/2 bi-week.

NH Department of Health & Human Services | Division for Children, Youth & Families



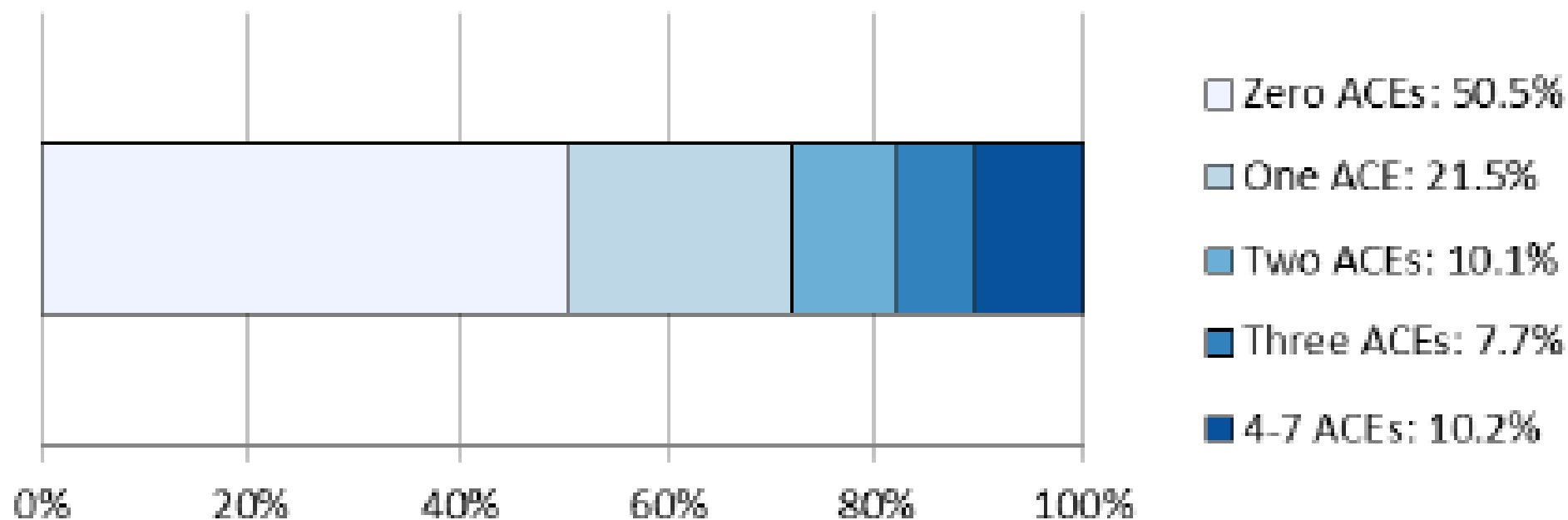
<https://www.dhhs.nh.gov/ocom/operatingstatsdashboards.htm>



# Adverse Childhood Experiences (ACEs)

Percentage of NH population reporting ACEs

NH BRFSS 2016



<https://www.cdc.gov/violenceprevention/aces/ace-brfss.html>



# Demographics

- Who we are – one story overall, with variation geographically
  - **Age: Overall, older population**
    - Median age is 42.7, 10% higher than the US age of 37.9 (Census, ACS 2014-2018, <https://www.census.gov/acs/www/data/data-tables-and-tools/data-profiles>)
  - **Race: Predominately white**
    - Population is 93.1% white (Census, Quickfacts, ASC 2014-2018, <https://www.census.gov/quickfacts/fact/table/NH,US/PST045219>)
  - **Household make-up: Intergenerational living**
    - 32.3% of grandparents who are living with their grandchildren (23,092) were responsible for raising their grandchildren in NH (Census, ASC 2014-2018 <https://www.census.gov/acs/www/data/data-tables-and-tools/data-profiles>)
- Our strengths: Population is slowly changing (new or incoming residents)
- Our challenges: Is the structure as a state changing as the population changes?



# Demographics

- Subcategory: Race
- Subcategory: Age
- Subcategory: LGBTQ
- Subcategory: Household makeup
- Subcategory: People with a disability
- Subcategory: Veteran status
- Subcategory: Language
- Subcategory: Rurality
- Subcategory: Foreign born persons or new immigrants

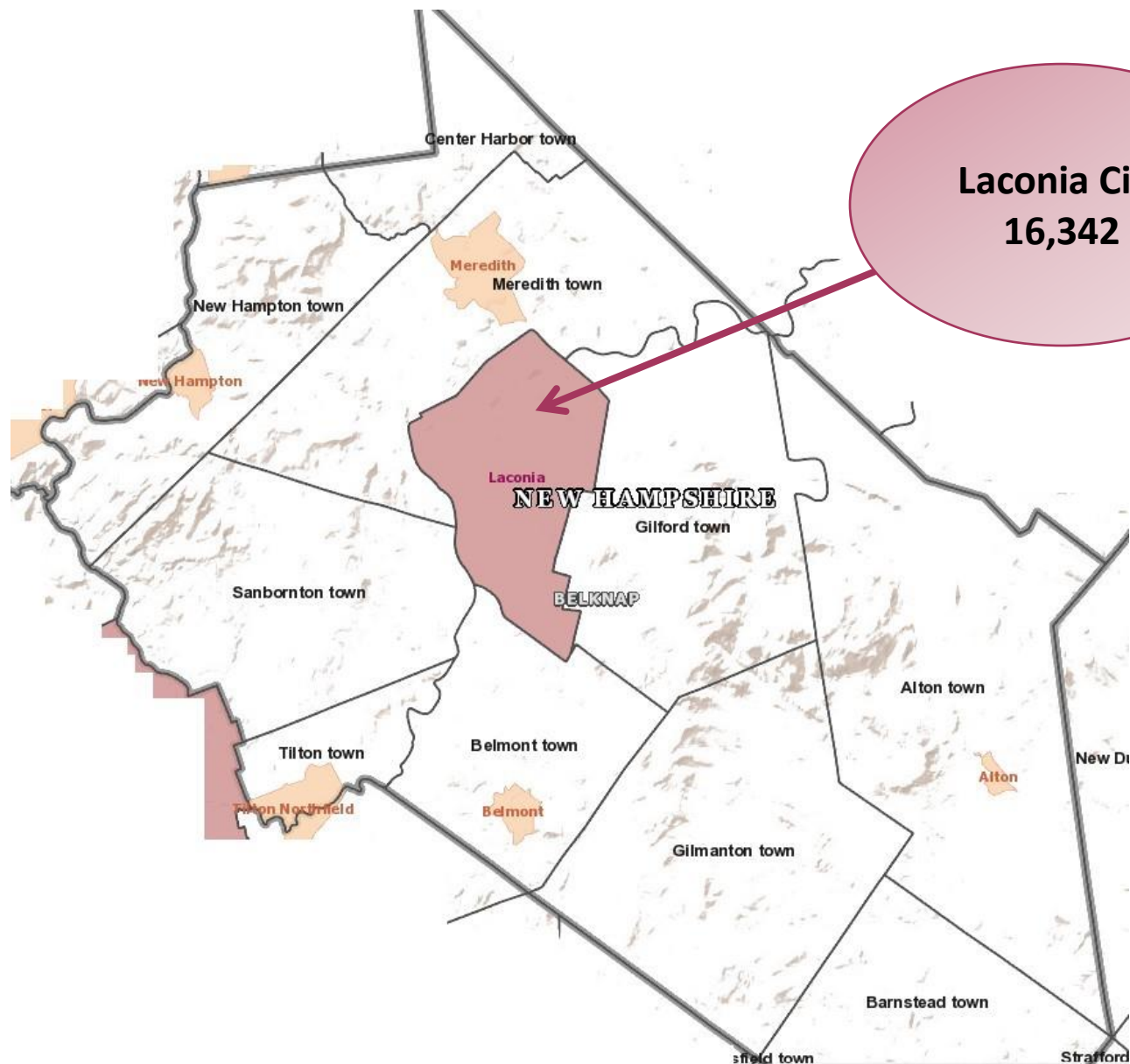


# Census Estimate Update: Sub-county

- Data from the Census ACS 2014-2018 5 year estimates demographics at : <https://www.census.gov/acs/www/data/data-tables-and-tools/data-profiles/2018/>
- Map From Census Geography Division, Tigerweb at: <https://tigerweb.geo.census.gov/tigerweb/>



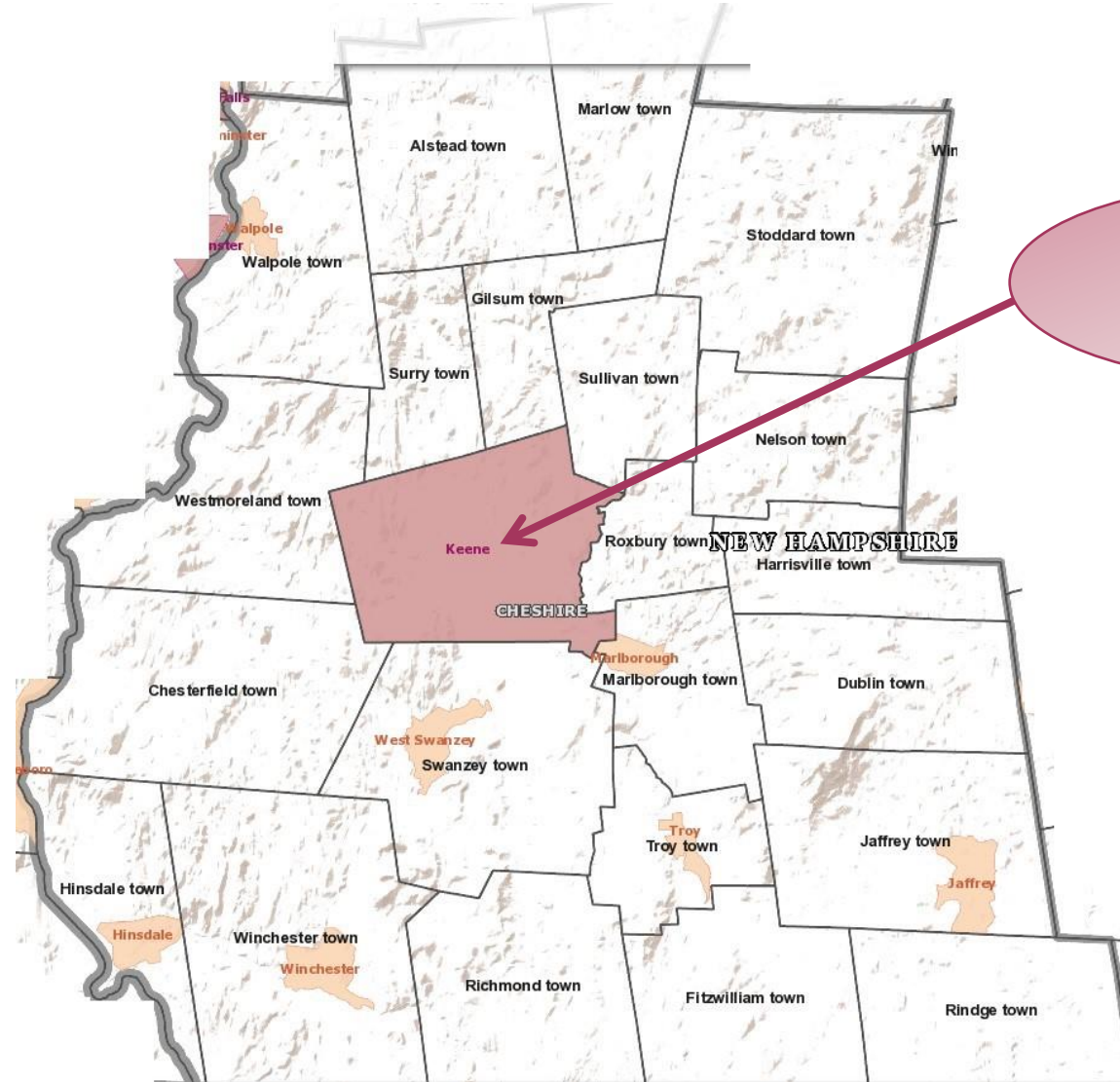
# Belknap County







# Cheshire County







# Coos County

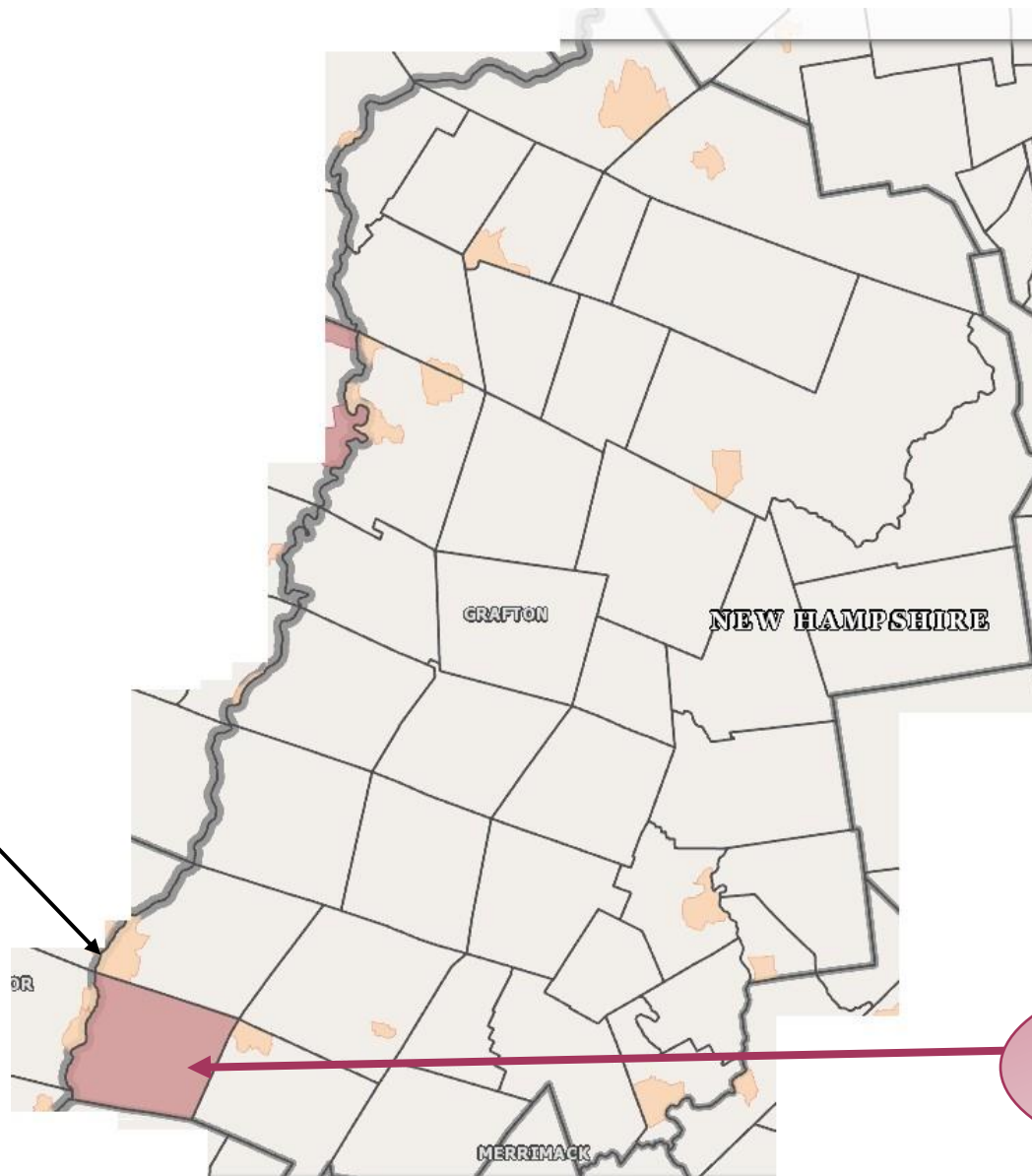


**Berlin City**  
**10,382**



# Grafton County

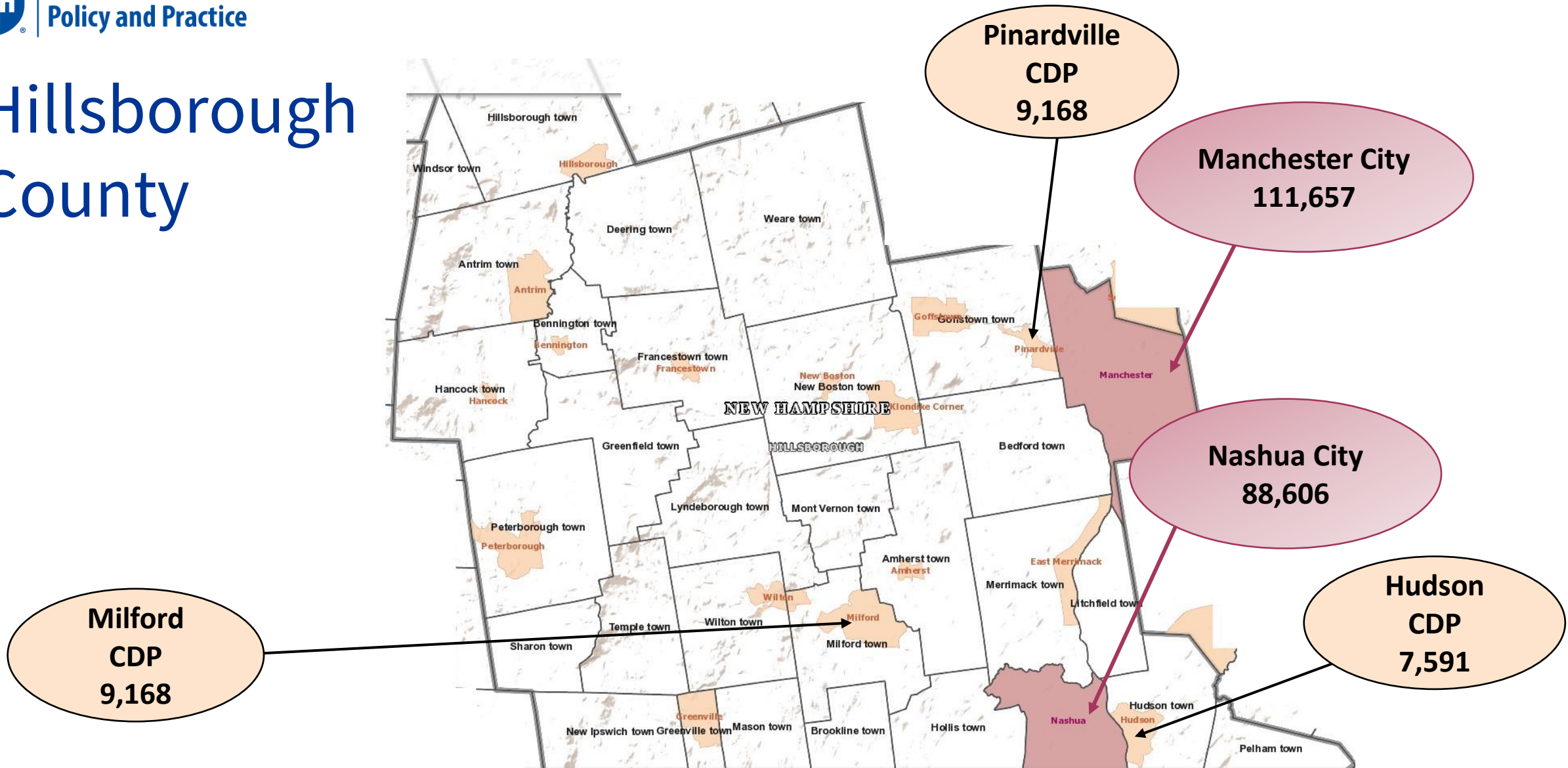
**Hanover CDP**  
**8,591**



**Lebanon City**  
**13,619**

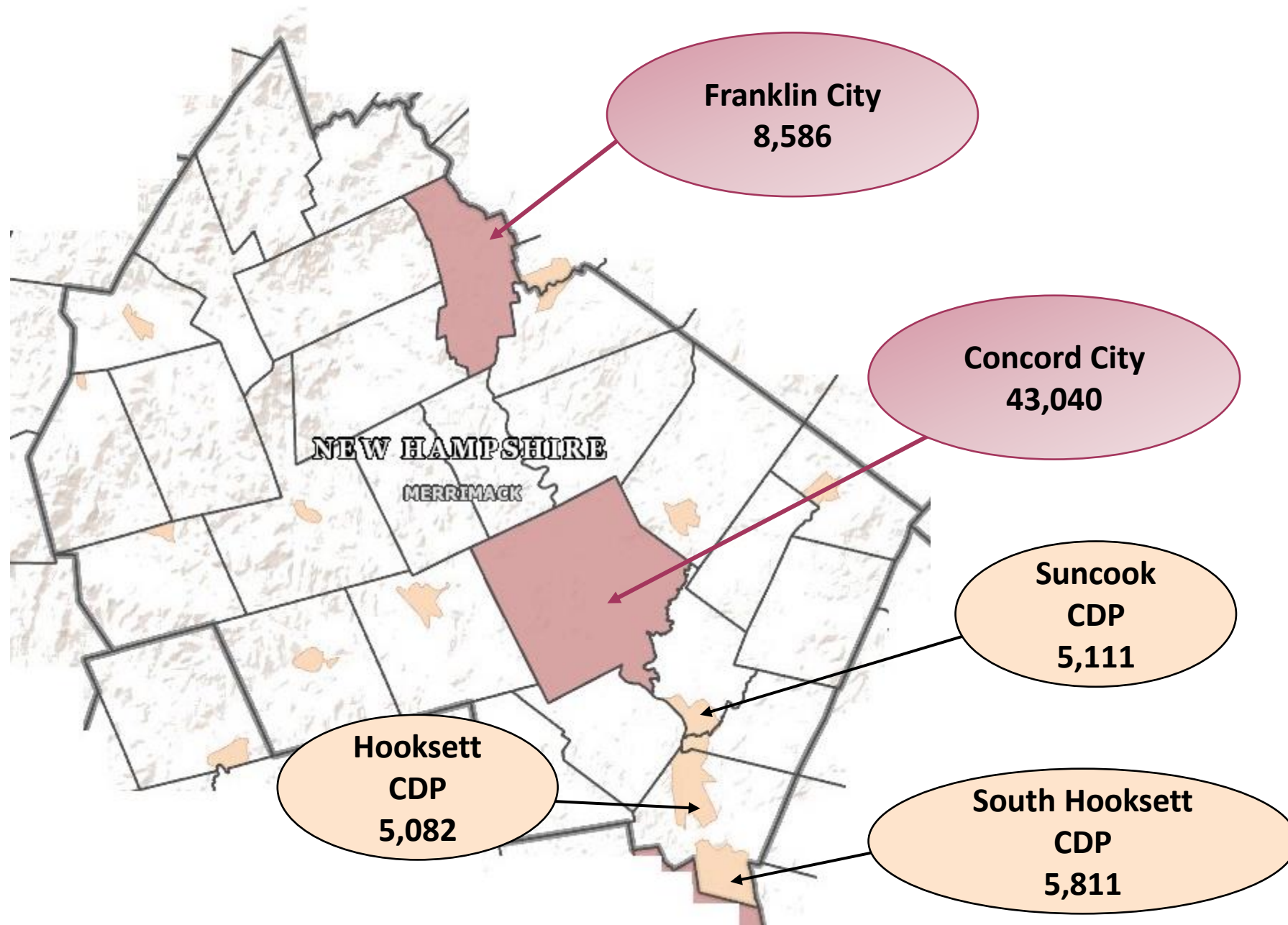


# Hillsborough County





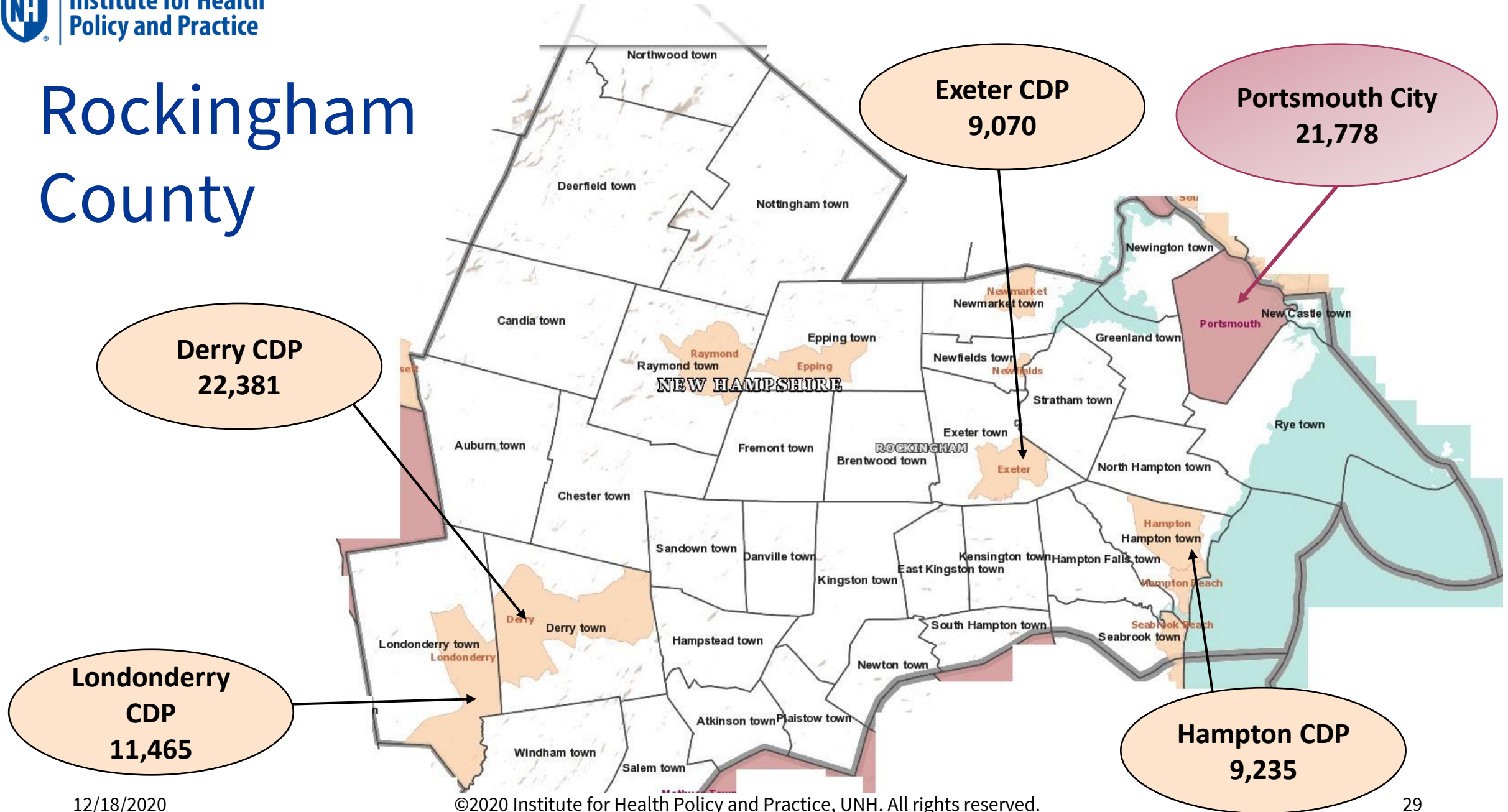
# Merrimack County





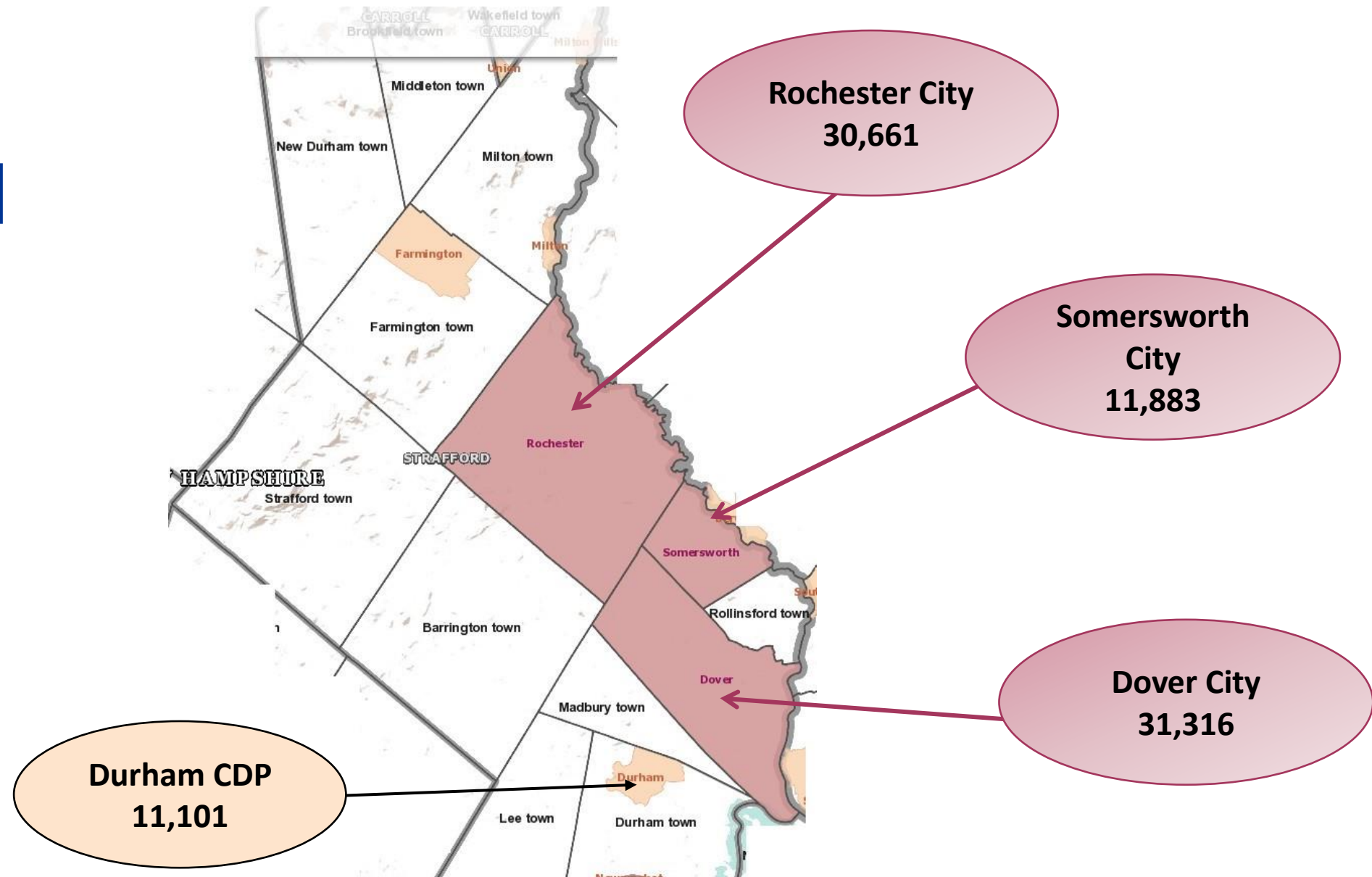


# Rockingham County





# Strafford County

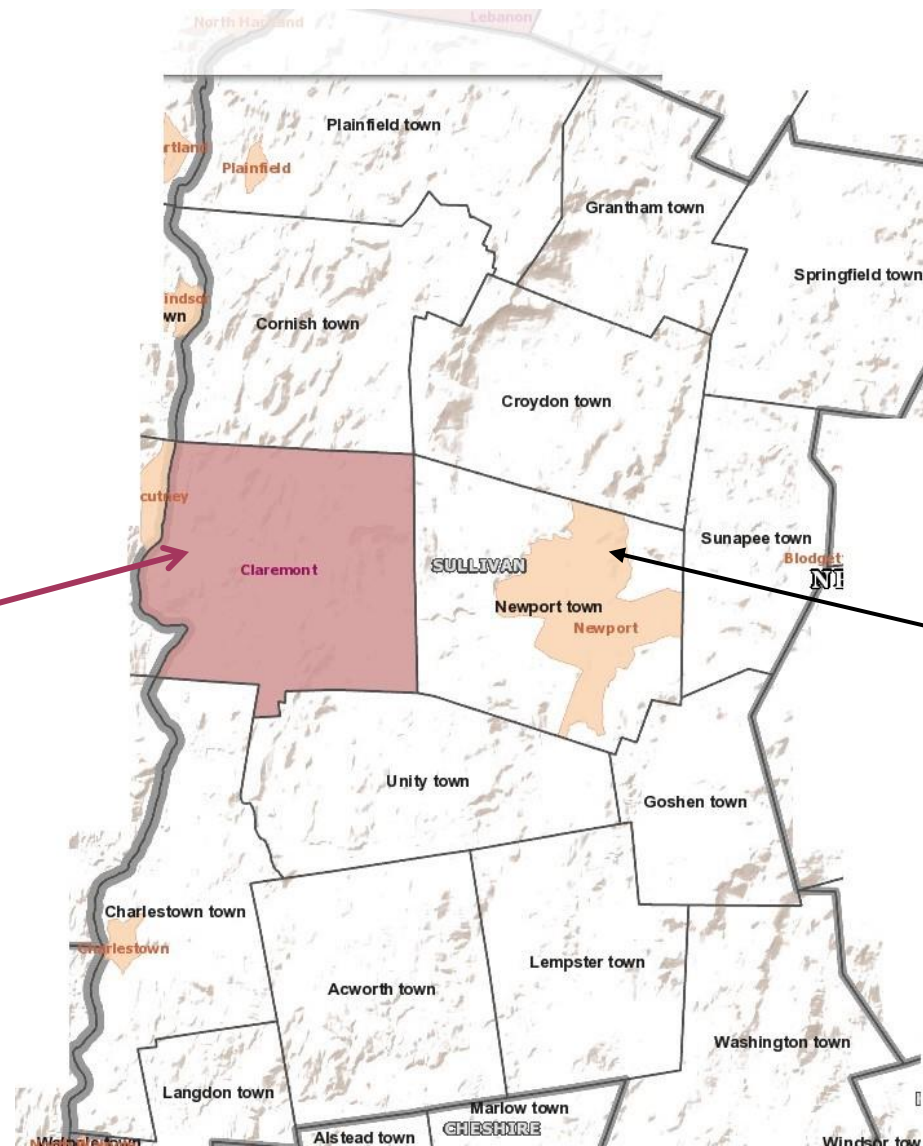




# Sullivan County

**Claremont City**  
**13,016**

**Newport CDP**  
**5,019**





# Public Comment





# Next Steps

- Upcoming Meetings:
  - January 15, 2021 from 9:30 – 11:30
  - February 19, 2021 from 9:30 – 11:30
  - March 19, 2021 from 9:30 – 11:30